



## July Newsletter 2010

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5. Ladies Styling Workshop with Melanie Boyle, The Dance Attic, Fulham, Sun 25 July!
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7. Swing Masters Event, WCS with Brennar Goree & Torri Smith, John Lindo, Rachael McEnaney, Ronnie Debenedetta, Paul Warden & Catriona Wiles and Lee Easton, 6-8 August!
8. Paul & Catriona Debut in the Ukraine, 4-11 September – Come Join Us!
9. Paul & Catriona Head Stateside Again – Boogie By The Bay, 7-10 October – Come Join Us!
10. Once-In-A-Lifetime Dance Trip to Mombasa, 23-30 October 2010!
11. **London SWINGvitational**, 19-22 November 2010!

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### 1. **West Coast Swing UK Weekly Classes Reminder!**

Hi All. Our 5 weekly classes and relevant information about each can be found by visiting the "Our Classes" and "UK Classes" pages at [www.westcoastswing.co.uk](http://www.westcoastswing.co.uk). But here is a little summary for you;

- Mondays in Twickenham with Melanie Boyle, Peter Fradley & **West Coast Swing UK** Team!
- Tuesdays in South Norwood with Paul Warden & **West Coast Swing UK** Team!
- Tuesdays in Solihull with Catriona Wiles & **West Coast Swing Solihull** Team!
- Wednesdays in Twickenham with Paul Warden, Catriona Wiles & **West Coast Swing UK** Team!
- Thursdays in Hove with Paul Warden & **Decadance** Team!

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### 2. **Friday Freestyle & Saturday Workshop with Paul & Catriona, Solihull, 9-10 July!**

Join Paul & Catriona for Solihull's only dedicated monthly WCS Friday Freestyle complete with Masterclass to get you into the swing of things! Then join Paul & Cat as they put you through your paces with a full Saturday Workshop programme, guaranteed to challenge and inspire;

West Coast Swing Solihull  
Friday Freestyle & Masterclass  
with

Current UK Classic WCS Champs  
Paul Warden & Catriona Wiles

**Doors Open 8:15pm 'til Midnight, Friday 9 July 2010**

**8:15-9:15pm – WCS Masterclass with Paul & Catriona**  
**9:15pm 'til Midnight – Pure WCS freestyle**

Land Rover Sport & Social Club  
Billsmore Green  
Solihull  
B92 9LN

[Map](#)

- £8 on the door or £7 with your SwingClubCard®!
- Check out [www.westcoastswing-solihull.co.uk](http://www.westcoastswing-solihull.co.uk) for full info and how to book

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West Coast Swing Solihull's  
Monthly West Coast Swing Workshop  
with  
Current UK Classic WCS Champs  
Paul Warden & Catriona Wiles

**10:30-5:30pm, Saturday 10 July 2010**

**10:30-12:30pm – FUNdamentals Intensive with Catriona**  
**1-2pm – Beyond Beginners with Paul & Catriona**  
**2:15-3:15pm – Improver WCS Patterns with Paul & Catriona**  
**3:30-4:30pm – Intermediate Challenge with Paul & Catriona**  
**4:30-5:30pm – Tea Dance**

Elmdon Heath Community Centre  
Cornyx Lane/Glebe Road  
Solihull  
B91 2SF

[Map](#)

- 3 Hours workshop tuition - £25, 2 Hours tuition - £20, One Hour tuition - £10.  
Tea Dance & refreshments included. Tea Dance Only - £4.
- Check out [www.westcoastswing-solihull.co.uk](http://www.westcoastswing-solihull.co.uk) for full info and how to book

**Future 2010 Dates: Fridays/Saturdays**

**12/13 August**  
***No Freestyle or Workshop in September!***  
**14/15 October**

**November – London SWINGvitational!  
16/17 December**

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**3. Presenting “ICE” - The Chilled Monthly WCS Freestyle Night  
with Paul & Catriona, Dorney Reach, Sat 17 July!**

*Innovation...Creation...Expression...*

Proudly Presenting **ICE** - Our Cool Monthly  
Pure WCS Freestyle/Social Night

**8pm-Midnight, Saturday 17 July 2010**

**8-9pm - WCS Masterclass with Paul & Catriona  
9pm-Midnight - Pure WCS Freestyle  
Music From Resident DJ Graham & Guest DJ TBA**

Dorney Village Hall  
(at corner of Oak Stubbs Lane & Meadow Way)  
Dorney Reach  
Maidenhead  
Bucks  
SL6 0DS (car park postcode)

[Map](#)

No need to book. Just show up ready to dance!  
Free onsite car park  
1.5 Miles from Taplow Rail (pick-up can be pre-arranged)

- **£6 per person if pre-booking more than 7 days in advance with monthly workshop, so £26 for freestyle/workshop combined!**
- Or £9 per person on the door
- Please bring a plate (optional)
- Complimentary hot drinks & snacks will be provided

**Future 2010 Dates: All Saturdays in Dorney Reach**

**Friday 20 August – West Coast Swing UK 5 Year Anniversary Party - Windsor!**

**25 September**

**23 October**

**19-22 November – The London SWINGvitational!**

**11 December – West Coast Swing UK Annual Christmas Party - Windsor!**

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#### **4. Next Monthly West Coast Swing UK Workshop with Paul, Catriona, Rachel & Ed, Windsor, Sun 18 July!**

Multi-Level West Coast Swing Workshop  
with  
UK WCS Champs  
Paul Warden & Catriona Wiles  
Assisted by UK Rising Stars Rachel Martino & Ed Smith

**1-6pm, Sunday 18 July 2010**

New Windsor Community Centre  
Hanover Way, Dedworth  
Windsor, Bucks  
SL4 5NW

[Map](#)

**We average 100 attendees monthly so pre-booking is essential!**

Free Onsite Parking  
Easily Accessible from Central London & the West  
Just over 1 mile from Windsor & Eton Rail (pick-up can be pre-arranged)

#### **Choose Between 3 Packages to Suit All Levels;**

**"Progressive Package"** - 3 hours of tuition from Beginner to Intermediate Plus level with Paul & Cat  
or...

**"Improver Package"** - first hour of tuition with Paul & Cat, followed by 2 hours of Improver level tuition with Rachel Martino  
or...

**"FUNdamentals Package"** - first hour of tuition with Paul & Cat, followed by 2 hours of Beginner level tuition with Ed Smith

**Tea Dance included in price or you can attend Tea Dance only, 4:30-6pm!  
Complimentary tea, coffee, biscuits & fruit**

- **£26 for any workshop package & ICE freestyle on same weekend**
- £20 per person for any package if payment is received more than 7 days in advance
- After that, £25 per person, availability permitting
- £4 per person for tea dance only
- To book, email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) or call 07881 641400 specifying which package you're signing up for. Then send cheque made payable to C. Wiles to; 34 Dorey House, High Street, Brentford, Middlesex. TW8 8LD

**[Future 2010 Dates: All Sundays in Windsor](#)**

**22 August**

**26 September**  
**24 October**  
**19-22 November – The 2<sup>nd</sup> Annual London SWINGvitational!**  
**12 December**

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## **5. Ladies Styling Workshop with Melanie Boyle, The Dance Attic, Fulham, Sunday 25 July!**

**\* Brand New For West Coast Swing UK \***

Ladies Styling Workshop  
With UK Rising Star  
Melanie Boyle

**2-5pm, Sunday 25 July 2010**

Join Mel for this late afternoon session of focused tuition specifically designed to improve your WCS following skills and style. Mel will be covering the following concepts in a relaxed environment which will hopefully leave you inspired and confident to test your new skills on the social dance floor;

**Spinning Techniques**  
**Footwork Syncopations**  
**Body Isolations**  
**Confidence Building Techniques**

The best bit is that we have the unique advantage of working in a mirrored studio so you will really be able to “see” how you’re progressing with the workshop tips and techniques! If you have attended before, great! You’ll get to practice the same techniques as before but within the context of new dance material so you won’t necessarily be repeating yourself!

**The Dance Attic – Small Studio**  
**368 North End Road**  
**Fulham**  
**London**  
**SW6 1LY**

[Map](#)

- £15 per lady (sorry boys, not for you this time!!)
  - Spaces limited so book now to secure your place!
  - Walking distance from Fulham Broadway tube
  - Free parking in Waitrose car park to customers with £10 minimum spend
  - BYO drinks & refreshments
  - Email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) or call 07881 641400 to book
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## **6. Next Monthly Nottingham WCS Workshop with Catriona, Sunday 1 August!**

Monthly General Level West Coast Swing Workshop  
with UK/USA WCS Champ Catriona Wiles

**1-4pm, Sunday 1 August 2010**

**New!** *Separate FUNDamentals Review with Paul Stevenson during last hour of workshop!*

**Followed by Tea Dance from 4-6pm**

The New Venture Club  
Technology Drive  
Beeston  
Nottingham  
NG9 1LB

[Map](#)

- £23 Workshop + Tea Dance Combined. £20 Workshop Only. £5 Tea Dance Only
- Check out [www.pulse-dance.co.uk](http://www.pulse-dance.co.uk) for info. Email Paul at [paul@pulse-dance.co.uk](mailto:paul@pulse-dance.co.uk) or call 07768 395825 to book

**Future 2010 Dates: All Sundays**

***Date Change: 12 September  
17 October***

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## **7. Swing Masters Event, WCS with Brennar Goree & Torri Smith, Robert Cordoba & Deborah Szekely, Paul Warden & Catriona Wiles, John Lindo, Rachael McEnaney and Lee Easton, 6-8 August!**

We hope to see as many of you as possible at this year's Swing Masters Event, 6-8 August at the new location of the Palace Hotel, Manchester. Enjoy WCS tuition, cabarets & World Swing Dance Council ([www.swingdancecouncil.com](http://www.swingdancecouncil.com)) registered comps with a fantastic line up of USA Pros complimented by our very own top UK Pros;

- Brennar Goree & Torri Smith
- Robert Cordoba & Deborah Szekely
- Paul Warden & Catriona Wiles
- John Lindo
- Rachael McEnaney
- Lee Easton

- Check out [www.worlddancemasters.com/worlds/swing.html](http://www.worlddancemasters.com/worlds/swing.html) for full info on the event
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## **8. Paul & Catriona Debut in the Ukraine, 4-11 September – Come Join Us!**

Paul & I are delighted to be included in the staff line up at the 2<sup>nd</sup> Annual Sunny Side Dance Camp, Crimea, Ukraine, 4-11 September 2010, along with top Pros Kyle Redd & Sarah Vann Drake, Robert & Nicola Royston and Maxence Martin! Some of you will have met the organizer, Katia at the UK WCS Champs this April, dancing in the Classic Division with dance partner, Grigory. She speaks fluent English so will be able to help you with any enquiries. As this event is *not* within Russia, you *do not* need a visa to attend! Visit [www.sunnysidedancecamp.org](http://www.sunnysidedancecamp.org) for full info and how to book!

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## **9. Paul & Catriona Head Stateside Again – Boogie By The Bay, 7-10 October – Come Join Us!**

Paul & I are delighted to be included in the staff line up at the following top USA WCS event – [Boogie By The Bay](#) – 7-10 October 2010

We hope to have as many of you attend with us as possible flying the flag for **West Coast Swing UK**. To join our UK tables, email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk).

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## **10. Once-In-A-Lifetime Dance Trip to Mombasa, 23-30 October 2010!**

Paul & I have been approached to teach in...can you believe it...Mombasa in October 2010! [Rave Africa](#) is a brand new company, putting on exclusive dance holidays to exotic destinations with celebrity guest dance teachers. We have been approached to be involved in the first one which will run for one week commencing Saturday 23 October. Prices range from £600 basic package to £950 luxury package all inclusive of flights, accommodation, airport transfer, dancing & discounts on excursions! Invited instructors so far are; Paul & Catriona (WCS), Moe Flex (Salsa), Bev Lewis and Ceejay (Modern Jive). Check out [www.raveafrica.com](http://www.raveafrica.com) for more details and email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) to register your interest. We need to generate a certain number of bookings to justify the trip so make sure you book through us!!

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## **11. London SWINGvitational, 19-22 November 2010!**

We are excited to invite you all to our second annual pure WCS event, focusing on sociality and lots of freestyle fun with some of the world's most prolific social WCS

dancers! Bringing the very best of a USA WCS Convention right here to your door step for a fraction of the cost! Don't miss it!

Our 2010 staff line up introduces some new names to the UK along with some of last year's favourites, creating a perfect mix of fresh and familiar faces!



Friday 19 - Monday 22 November 2010  
Fabulous 4 Star Copthorne Hotel Slough-Windsor  
10 Minutes From Heathrow Airport

***SPACES FOR MEN & COUPLES ONLY!***  
***WAITING LIST FOR LADIES!***  
***DEPOSITS NOW DUE!***

**An Allstar line up of International Pros including;**  
**Stephanie Batista (Pa, USA), Nicholas King (Ca, USA), Wendy Miller (Az, USA), Chuck Brown (Ca, USA), John Kirkconnell (Vancouver, Canada), Katie McCaslin Schneider (Wa, USA), Sean McKeever (Ca, USA), Courtney Adair (Ca, USA), Nick Jay (Ca, USA), Joanna Meinl (Ca, USA), Paul Warden (London, UK) & Catriona Wiles (London, UK)**

- Fantastic DeeJay line up; Kelly Faust (NJ, USA), Dave Muzii (NJ, USA), Paul Warden (London, UK), Graham Burke (Berkshire, UK) & special guest deejays
- Accommodation at our fabulous 4-star hotel less than 10 miles from Heathrow airport
- Full English breakfast served until 11am daily. Hot buffet dinners served from 6-8pm daily. Bespoke discounted bar lunch menu
- Complimentary parking and use of gym, spa & pool for hotel guests
- Over a dozen workshops, Friday Night Invitational Jack & Jill, Saturday Night Show, open forums with the pros, private lesson space, Jack & Jill and Strictly Swing competitions, complimentary midnight refreshments, on site spray tanning, StandOut Dancewear, 4U Video Productions, ProDance Floors, 3 late nights of social dancing till you drop and much more...
- 3 late nights of social dancing...or should that be early mornings... dancing 'til the last person drops!
- £250 all inclusive package with 3 night stay; £225 with 2 night stay. Prices go up after 1 September! £35 non-refundable deposit per person payable to C.

Wiles now. Payment in monthly installments available. Contact Cat at [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) or call 07881 641400 for details

- Limited to 200 attendees only! Places are expected to sell out fast so contact Cat to provisionally secure your place! This will be a gender-balanced event. Event passes will be available with hotel stays only
- Send deposit cheques made payable to C. Wiles to 34 Dorey House, High Street, Brentford, Middlesex. TW8 8LD. Or email Cat for bank transfer option
- Check out [www.londonSWINGvitational.co.uk](http://www.londonSWINGvitational.co.uk)

**Looking forward to seeing you soon,  
Love Catriona  
07881 641400  
[cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk)  
[www.westcoastswing.co.uk](http://www.westcoastswing.co.uk)  
[www.londonSWINGvitational.co.uk](http://www.londonSWINGvitational.co.uk)  
[www.swingclubcard.com](http://www.swingclubcard.com)**