May Newsletter 2015

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7. Special Guest Workshop Weekend with Top French Pros Maxime Zzaoui & Virginie Massart, Windsor, 23-24 May!
8. Catriona Teaches in Hamburg, Germany, 29-30 May!

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1. West Coast Swing UK Important Dates For Your Dance Diary!

Our full **2015** dates are already updated to our website "WCSUK Key Dates" pages and "Calendar" page but for easy reference, you can view the major ones here;

* **Saturday 23 - Sunday 24 May** - Special Guest Workshop Weekend with Top French Pros Maxime Zzaoui & Virginie Massart!
* **Saturday 20 June -** ICE Freestyle
* **Sunday 21 June** - Sunday Workshop
* **Saturday 18 July -** ICE Freestyle
* **Sunday 19 July** - Sunday Workshop
* **Saturday 22 August** - WCSUK 10th Year Anniversary Party & Cancer Charity Fundraiser
* **Saturday 19 September -** ICE Freestyle
* **Sunday 20 September** - Sunday Workshop
* **Saturday 17 October -** ICE Freestyle
* **Sunday 18 October** - Sunday Workshop
* **Thursday 19 - Monday 23 November** – Annual "SwingV" Weekend
* **Saturday 12 December -** WCSUK Annual Christmas Party

* **Sunday 13 December** - Sunday Workshop
* **Monday 14 December** – Last Monday Hammersmith Class of 2015
* **Wednesday 16 December** – Last Wednesday Twickenham Class of 2015

Check out the calendar page at www.westcoastswing.co.uk/whats-on/calendar/ for regular updates!

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2. May Guest WCS Classes!

Guest Spots:

- **Tuesday 5 May** – Catriona guest teaches week 5 of a 6 week course for Jive+, Oxford - www.jiveplus.com/tueswcs.html
- **Thursday 7 May** – Catriona guest teaches at Second City Swing, Birmingham - www.facebook.com/events/589593837844950/
- **Tuesday 12 May** – Catriona guest teaches week 6 of a 6 week course for Jive+, Oxford - www.jiveplus.com/tueswcs.html
- **Thursday 14 May** – Catriona guest teaches at Petts Wood, Kent - www.gazzabash.co.uk/Pages/wwwwestcoscouk.aspx
- **Tuesday 19 May** – Catriona guest teaches for Jive+, Oxford - www.jiveplus.com/tueswcs.html
- **Tuesday 26 May** – Catriona guest teaches for Jive+, Oxford - www.jiveplus.com/tueswcs.html

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3. Two May WCS Workshops & Tea Dances with Catriona, Exeter, Sunday 3 & Sunday 31 May!

Monthly Exeter WCS Workshop & Tea Dance
with
UK WCS Champ Catriona Wiles

1-6pm, Sunday 3 May
&
1-6pm Sunday 31 May

You're all invited to join us for either or both of our May WCS workshops & tea dances at the Coaver Club!

If you've been toying with the idea of learning WCS, then now is the perfect time to start! Or if you've been dancing WCS for a while and would like to refresh your basics and perfect your technique, then this is also a great opportunity for you to get back into the "swing" of things!

Catriona will be teaching a 3 hour FUNdamental/Improver level workshop, the first hour of which will cover all the tools and techniques needed to get you started on your WCS journey.

After a short break, the next 2 hours will focus on concepts and patterns to help you progress your understanding and experience of WCS.

And brand new from April onwards, we'll be offering a FUNdamentals review class with Sally Fullwood in the bowling alley area for our newer dancers wishing to consolidate their basics in a more one-on-one setting.

The afternoon will be topped off with 90 minutes of pure WCS freestyle and practice time from 4:30-6pm!

Coaver Club
Matford Lane
Exeter
EX2 4PS

Map

Complimentary tea, coffee & snacks
Full licensed bar
Free Onsite Parking
Easily Accessible from M5
15-20 minute walk from Exeter City Centre

- **£20 for Workshop & Tea Dance if booked and paid more than 7 days in advance!**
- £25 for Workshop & Tea Dance on the door, space permitting!
- £5 for Tea Dance Only
- To book, email cat@westcoastswing.co.uk or call 07881 641400
- Then pay in cash at any of our venues
- Or email for bank transfer details
- Or send cheque made payable to C. Wiles to; 34 Dorey House, High Street, Brentford, Middlesex, TW8 8LD

Check out our Facebook group here - www.facebook.com/groups/exeterwcs/

Or view details on our dedicated web page here - www.westcoastswing.co.uk/wcs-exeter/

2015 Dates:

Sunday 3 May
Sunday 31 May

Sunday 28 June
Sunday 26 July
New: August Date TBC
Sunday 6 September
Sunday 11 October
Sunday 15 November
Sunday 6 December

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4. Two May Bank Holiday Monday Extended Freestyles, Hammersmith, Monday 4 & Monday 25 May!

Come join us for either or both of our May Bank Holiday Monday WCS freestyles in our new Hammersmith home! Please note the earlier start time of 7pm!

Bank Holiday Monday 4 May 2015

7-8pm – WCS FUNdamentals Review Class with Victoria Wood (balcony)
7-11pm – 4 uninterrupted hours of pure WCS music & dancing with Resident Deejay Lucy Webster & Guest Deejay Filipe de Barros!

Bank Holiday Monday 25 May 2015

7-8pm – WCS FUNdamentals Review Class with Jeanette Butler (balcony)
7-11pm – 4 uninterrupted hours of pure WCS music & dancing with Resident Deejay Lucy Webster & Guest Deejay TBA!

Hammersmith Club
11 Rutland Grove
Hammersmith
London
W6 9DH

Map

- **£10 – on the door with SwingClubCard® membership!**
- £11 – Non-members. Enquire on arrival
- £8 – Students & seniors
- Free – Juniors up to age 18
- Please bring a plate! Complimentary snacks will be provided
- Fully licensed bar (please do not BYO alcohol)
- Free street parking after 6:30pm
- Easily accessible from Central London and the West
- Short walk from Hammersmith Tube station

Check out our Facebook event advert here -
www.facebook.com/events/474803642666766/

Or view details on our dedicated web page here - www.westcoastswing.co.uk/whats-on/bank-holiday-monday-freestyles/

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5. Special Guest WCS Workshop with Catriona, Hatfield, Sunday 10 May!

Special Guest West Coast Swing Workshop
with
Top UK WCS Pro Catriona Wiles

1-6pm, Sunday 10 May 2015

Kevin Flynn & Heather Cunningham of West Coast Swing London will be hosting this afternoon of workshops, tea and cake with Catriona as guest teacher. A complete 3 hour workshop working from the FUNdamentals up, covering techniques and concepts essential in bringing you up to a competent social dance level followed by Tea Dance!

Essendon Village Hall
(10 minutes from Hatfield)
School Lane
Essendon
Hertfordshire
AL9 6HB

Map

- **£20 Workshop & Tea Dance, £5 Tea Dance Only!**
- Check out www.westcoastswinglondon.com for full info and how to book

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6. Westies in Essex "Potty at Potters" WCS & Line Dance Weekender, WCS with Catriona, Great Yarmouth, Norfolk, 15-17 May!

You're all invited to Westies in Essex first ever weekender, "Potty at Potters", the creation of Janice Washer & Jez Wilkinson from 15-17 May 2015! Enjoy daily WCS tuition from Catriona Wiles, fun Line Dance classes, taster classes in Ballroom dancing & Potters evening cabarets at this 5 Star Potters Leisure Resort!

This is the perfect opportunity to get new people involved in our favourite dance style in relaxing surroundings amongst teachers & friends who are committed to helping you build your confidence on the social dance floor!

Please share the Facebook event advert with your friends – www.facebook.com/events/292857680920160/

Check out www.westiesinessex.co.uk/dance-weekender/ for full info and how to book!

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7. Special Guest Workshop Weekend with Top French Pros Maxime Zzaoui & Virginie Massart, Windsor, 23-24 May!

I am delighted to announce that the fabulously talented **top French WCS Pros Maxime Zzaoui & Virginie Massart** will be coming over exclusively for **West Coast Swing UK** from 23-24 May 2015 for an intensive workshop weekend!

Maxime & Virginie are from Lyon, France. Both started dancing at 5 years old and have quite diverse paths in the arts. Virginie's dance background includes Jazz and many partner dances including Swing and Rock. She has led her own dance school for the past 8 years where she teaches jazz and West Coast swing. Maxime trained in Contemporary dance for 6 years at the Conservatory of Lyon. He has several French Championship titles in Rock and Boogie. He has been a teacher of Contemporary dance and West Coast Swing across the Lyon region for the past 5 years.

Both Maxime & Virginie found WCS in 2008, starting their education with some of the world's top WCS teachers, and have now developed extensive experience in the West Coast Swing community as dancers and teachers in their own right. They currently travel the world teaching, performing and competing at the biggest, most prestigious WCS events. In 2010, they created the Mov High Team alongside Olivier Massart and Henriette Koefoed ; 4 European WCS Champions on the road, performing their "supadupa" fun shows, teaching and sharing their passion for WCS!

To see Maxime & Virginie dance, check out www.youtube.com/watch?v=jYQ2IrNhbY4

Maxime & Virginie have some availability for private lessons throughout the workshop weekend. Email cat@westcoastswing.co.uk as soon as possible for availability and prices!

For those looking for accommodation, check out this deal! I have managed to secure a rate of £60 for a double or twin room at the Holiday Inn London-Heathrow, just off Junction 4 of the M4 and very close to Heathrow airport, including full English breakfast AND parking!

www.hilondonheathrowm4j4hotel.co.uk/

This rate is for Saturday 23 May! Email reservations-heathrowm4@ihg.com quoting "West Coast Swing UK" to benefit from this offer!

Check out this link to view our Facebook advert for the Workshop Weekend; www.facebook.com/events/899091696799815/

Multi-Level Special Guest Workshop Weekend
With Top French WCS Pros
Maxime Zzaoui & Virginie Massart

12:30pm-11:45pm, Saturday 23 May 2015

- **12:30pm-1:00pm: Pilates Warm Up with Mandy Henderson - (Total beginners to Pilates are welcome and encouraged to give it a try)**
- **1:00pm-3:00pm: Workshop 1 – "Smooth & Groove Your WCS" (Beginner/Improver)**
- **3:30pm-5:30pm: Workshop 2 – "Crazy Rock & Go" (Improver/Intermediate)**
- **5:30pm-7:30pm: Break For Dinner**
- **7:30pm-11:45pm: Party/Social with music from Graham Burke & Guest Deejay Neil Mayes!**

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12:30pm-7:00pm, Sunday 24 May 2015

- **12:30pm-1:00pm: Pilates Warm Up with Mandy Henderson - (Total beginners to Pilates are welcome and encouraged to give it a try)**
- **1:00pm-3:00pm: Workshop 3 – "Spin Technique & Creating Lines" (Improver/Intermediate)**
- **3:30pm-5:30pm: Workshop 4 – "Footwork & Musicality" (Intermediate Plus)**
- **5:30pm-7:00pm: Pure WCS Tea Dance**

New Windsor Community Centre
Hanover Way
Dedworth
Windsor
SL4 5NW

Map

Free Onsite Parking
Full Licensed Bar
Complimentary tea, coffee & snacks
Easily Accessible from Central London & the West
Just over 1 mile from Windsor & Eton Central or Riverside Rail

- **£85 – Full weekend package – All 4 workshops + Saturday Night Party**
- £75 – Any 3 workshops + Saturday night party
- £70 – Any 3 workshops only
- £60 – Any 2 workshops + Saturday night party
- £50 – Any 2 workshops only

- £35 – Any 1 workshop + Saturday night party
- £25 – Any 1 workshop only
- £12 – Saturday night party only – spaces limited so pre-booking essential!
- £5 – Tea dance only – drop ins welcome
- Free – Juniors up to age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400 specifying which package you're signing up for. Then choose from the following payment options;

- Option 1 – Make cash payment at any venue
- Option 2 – Pay via bank transfer. Email for details
- Option 3 – Send cheque made payable to C. Wiles

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8. Catriona Teaches in Hamburg, Germany, 29-30 May!

I am delighted to have been invited back to Hamburg, Germany for the first of two visits in 2015! The first visit comprises private lesson slots available on Friday 29 May followed by a daytime workshop on Saturday 30 May hosted by Martina Hayward & Martin Lahmann. Check out www.facebook.com/events/1389316908029405/ for full details and please spread the word if you have friends in Germany who you think might be interested in attending! Thank you!

Looking forward to seeing you soon,
Love Catriona

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www.westcoastswing.co.uk
www.londonSWINGvitational.co.uk
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