



March Newsletter 2017

****My sincere apologies for the delay in sending out this March Newsletter! I moved house and was without internet for some time! Thought I'd go ahead and send out anyway as the latter information is still relevant! My new address is;***

***Catriona Wiles
Flat 4 Uplands Stud
Bowlhead Green
Godalming
Surrey
GU8 6NW***

Thank you all for your patience and understanding!*

At A Glance:

1. **West Coast Swing UK** Important Dates for Your Dance Diary!
2. March Guest WCS Classes with Catriona!
3. Monthly Exeter WCS Workshop & Tea Dance with Catriona, Sun 5 March!
4. Second City Swing Presents...March Masterclass & Freestyle with Guest Teacher Catriona, Solihull, Sat 11 March!
5. Special Guest WCS Workshop with Catriona, Essendon, Sun 12 March!
6. Dutch Open with International Pro Line Up, Nijmegen, Netherlands, 16-19 March!
7. **ICE – West Coast Swing UK's** Chilled Monthly Social, West Drayton, Sat 25 March!
8. *Mums Dance For Free* Monthly **West Coast Swing UK** Workshop & Tea Dance with Catriona & WCSUK Team, Windsor, Sun 26 March!
9. Westies In Essex 3rd Annual WCS Weekender with Catriona & Friends, Great Yarmouth, Norfolk, 12-14 May!
10. Special Guest Workshop Weekend with Top International Pros Maxime & Torri Zzaoui, West Drayton, 20-21 May!
11. And We're Back...**7th Edition London SWINGvitational**, 16-20 November 2017...Save The Date!

1. West Coast Swing UK Important Dates for Your Dance Diary!

Hi Everyone! Our full **2017** dates are already updated to our website "WCSUK Key Dates" pages and "Calendar" page but for easy reference, you can view the major ones here;

- **Wednesday 1 March** – First Midweek Freestyle of the Month – Twickenham
- **Wednesday 22 March** – Classes Covered by Guest Teacher, Living Legend Robert Cordoba – Twickenham
- **Saturday 25 March** - ICE Freestyle – West Drayton
- **Sunday 26 March** – Sunday Workshop – Windsor *Mums Dance For Free!*
- **Wednesday 5 April** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 29 April** - ICE Freestyle – West Drayton
- **Sunday 30 April** - Sunday Workshop – Windsor
- **Wednesday 3 May** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 20 - Sunday 21 May** - Special Guest Workshop Weekend with Top International Pros Maxime & Torri Zzaoui – West Drayton
- **Wednesday 7 June** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 17 June** - ICE Freestyle – West Drayton
- **Sunday 18 June** - Sunday Workshop – West Drayton *Dads Dance For Free!*
- **Wednesday 5 July** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 22 July** - ICE Freestyle – West Drayton
- **Sunday 23 July** - Sunday Workshop – Windsor
- **Wednesday 2 August** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 19 August** - WCSUK 12th Year Anniversary Party & Charity Fundraiser – Windsor
- **Saturday 2 September** – London WCS Flashmob
- **Sunday 3 September** – Exeter WCS Flashmob
- **Wednesday 6 September** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 23 September** - ICE Freestyle – West Drayton
- **Sunday 24 September** - Sunday Workshop – Windsor
- **Wednesday 4 October** – First Midweek Freestyle of the Month – Twickenham
- **Date Change: Saturday 28 October** - ICE Freestyle – Windsor
- **Date Change: Sunday 29 October** - Sunday Workshop – Windsor
- **Wednesday 1 November** – First Midweek Freestyle of the Month – Twickenham
- **Thursday 16 – Monday 20 November** – 7th Edition London SwingVitalational!
- **Wednesday 6 December** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 9 December** - WCSUK Annual Christmas Party – Windsor
- **Sunday 10 December** - Sunday Workshop – Windsor

- **Monday 11 December** – Last Monday Class of 2017 – Hammersmith
- **Wednesday 13 December** – Last Wednesday Class of 2017 – Twickenham

Check out our **Calendar page** at www.westcoastswing.co.uk/whats-on/calendar/ for regular updates!

2. February Guest WCS Classes with Catriona!

Guest Spots:

- **Tuesday 14 February** – Catriona guest teaches for Jive+, Islip, Oxford – www.jiveplus.com/tueswcs.html
 - **Tuesday 28 February** – Catriona guest teaches for Jive+, Islip, Oxford – www.jiveplus.com/tueswcs.html
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3. Monthly Exeter WCS Workshop & Tea Dance with Catriona, Sunday 5 March!

Monthly Exeter WCS Workshop & Tea Dance with Top UK WCS Pro Catriona Wiles

13:00-18:00 Sunday 5 March

If you've been toying with the idea of learning WCS, then now is the perfect time to start! Or if you've been dancing WCS for a while and would like to refresh your basics and perfect your technique, then this is also a great opportunity for you to get back into the "swing" of things!

Every month, Catriona teaches a 3 hour FUNdamental/Improver level workshop, the first hour of which covers all the tools and techniques needed to get you started on your WCS journey.

After a short break, the next 2 hours focus on concepts and patterns to help you progress your understanding and experience of WCS.

And we'll once again be offering a FUNdamentals review class with GPDIA (Global Professional Dance Instructors' Association) newly qualified Sally Fullwood for our newer dancers wishing to consolidate their basics in a more one-on-one setting.

The afternoon is topped off with 90 minutes of pure WCS freestyle and practice time from 16:30-18:00! All will be made welcome!

Coaver Club
Matford Lane
Exeter
EX2 4PS

[Map](#)

Free Onsite Parking
Fully Licensed Bar
Complimentary Tea, Coffee & Snacks
Easily Accessible From M5
15-20 Minute Walk From Exeter City Centre

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/129324547585315/

Or check out our **Website page**;
www.westcoastswing.co.uk/wcs-exeter/

- **£20 – Workshop if payment is received more than 7 days in advance**
- £25 – Workshop if payment is received less than 7 days in advance, availability permitting
- £5 – Tea dance only
- Free – Juniors up to age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400. Then choose from the following payment options;

- Option 1 – Make cash payment at any venue
- Option 2 – Pay via bank transfer. Email for details
- Option 3 – Send cheque made payable to C. Wiles

2017 Dates:

Sunday 2 April – At Westbank Centre
Sunday 7 May
Sunday 4 June
Sunday 2 July
Sunday 6 August
Sunday 3 September – Exeter WCS Flashmob
Sunday 8 October
Sunday 12 November
Sunday 3 December – Annual Christmas Party

4. Second City Swing Presents...March Masterclass & Freestyle with Guest Teacher Catriona, Solihull, Saturday 11 March!

Special Guest West Coast Swing Masterclass

**“Footwork Variations”
with
Top UK WCS Pro Catriona Wiles
Followed by Pure WCS Freestyle**

18:45-Midnight, Saturday 11 March

Catriona will once again be guest teacher for this month’s Masterclass hosted by James Bartlett and Zoe Rigby, founders of Second City Swing. Come join us for a themed Masterclass covering techniques and concepts essential in bringing you up to a competent social dance level, followed by a chilled WCS freestyle with friends!

Bentley Heath Community Association
Widney Road
Bentley Heath
Solihull
West Midlands
B93 9BQ

[Map](#)

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/1652159598421034/

- **£20 Masterclass & Freestyle combined – paid in advance!**
- £25 Masterclass & Freestyle combined – paid on the door
- £10 Freestyle Only
- To book, email secondcity.wcs@gmail.com or call Zoe on 07852 556101

2017 Dates:

Saturday 1 April
Saturday 6 May
Saturday 3 June
Saturday 8 July
No August Date
Saturday 9 September
Saturday 7 October
Saturday 11 November
Saturday 2 December

**5. Special Guest WCS Workshop with Catriona, Essendon,
Sunday 12 March!**

**Special Guest West Coast Swing Workshop
with
Top UK WCS Pro Catriona Wiles**

13:00-18:00, Sunday 12 March

Catriona will be guest teacher for this month's afternoon of workshops, tea and cake in Hatfield hosted by Kevin Flynn & Heather Cunningham of West Coast Swing London. Come join us for a complete 3 hour workshop working from the FUNdamentals up, covering techniques and concepts essential in bringing you up to a competent social dance level, followed by a chilled social tea dance with friends!

Essendon Village Hall
(10 minutes from Hatfield)
School Lane
Essendon
Hertfordshire
AL9 6HB

[Map](#)

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/1197542043675733/

Or check out the **Website page**;
westcoastswinglondon.com/workshops/4562790222

- **£20 Workshop & Tea Dance, £5 Tea Dance Only!**
- To book, email westcoastswing@me.com or call 07778 650760

6. Dutch Open with International Pro Line Up, Nijmegen, Netherlands, 16-19 March!

Manoah & Femke Bernabela invite you all to the 4* Fletcher Hotel Erica in Nijmegen, Netherlands for a fun-packed weekend at the second year Dutch Open WCS Event, 16-19 March 2017! Enjoy WCS tuition, performances & [World Swing Dance Council](#) registered comps with a fantastic line up of International Pros;

- Maxence Martin & Virginie Grondin
- John Kirkconnell & Alyssa Glanville
- Olivier & Virginie Massart
- Michael Kielbasa
- Alexandre Peducasse & Christelle Antenucci

Sadly, due to my recent injury, I am no longer able to attend but I wish the organizers every success with the running of this event and I hope to make it in future years! Check out www.dutchopenwcs.com/ for full info and details on how to book.

7. **ICE – West Coast Swing UK's Chilled Monthly Social, West Drayton, Saturday 25 March!**

Innovation...Creation...Expression...

**Presenting *ICE* - Our Chilled Monthly
WCS Freestyle**

20:00-Midnight, Saturday 25 March

Pure Uninterrupted WCS Freestyle with Resident DeeJay Graham Burke & Guest
DeeJay Catherine Bickle!

Yiewsley & West Drayton Community Centre
Harmondsworth Road
West Drayton
Middlesex
UB7 9JL

[Map](#)

No need to book. Just show up ready to dance!

Free Onsite Parking
Fully Licensed Bar (Please Do Not BYO Alcohol)
Complimentary Tea, Coffee & Snacks
Feel Free To Bring A Plate
Easily Accessible From Central London & The West
Less Than 1 Mile From West Drayton Rail Station
Trains Direct To & From Paddington, Central London. Last Train Departs At 00:43!

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/1386677324728792/

Or check out our **Website page**;
www.westcoastswing.co.uk/whats-on/ice-2017/

- **£28 – Any workshop package & ICE freestyle combined**
- £28 – Any workshop package & ICE freestyle combined
- £25 – Any workshop package & ICE freestyle combined – Students & Seniors
- £10 – ICE only with SwingClubCard® membership. Enquire on arrival
- £8 – ICE only with SwingClubCard® membership – Students & Seniors
- £11 – ICE only – Non-members
- Free – Juniors up to and including age 18

2017 "ICE" Dates:

Saturday 29 April

Saturday 20-Sunday 21 May - Special Guest Workshop Weekend with Top International Pros Maxime & Torri Zzaoui!
Saturday 17 June
Saturday 22 July
Saturday 19 August – WCSUK 12th Year Anniversary Party & Annual Charity Fundraiser!
Saturday 23 September
Saturday 21 October
Thursday 16-Monday 20 November – 7th Edition London SwingVitational!
Saturday 9 December – WCSUK Annual Christmas Party!

8. *Mums Dance For Free* Monthly West Coast Swing UK Workshop & Tea Dance with Catriona & WCSUK Team, Windsor, Sunday 26 March!

**Multi-Level West Coast Swing Workshop
with
Top UK WCS Pro Catriona Wiles
& WCSUK Teaching Team**

13:00-18:00, Sunday 26 March

****Stop Press!* Our March workshop date falls on Mothers' Day this year so to mark this special occasion we are offering the chance for "Mums To Dance For Free"! To qualify, just register your place for the workshop in the usual way and quote "Mums To Dance For Free" along with the full name of your lovely mum that will be attending with you...or lovely daughter for that matter! And if you can pair your names up with a couple of leaders for gender balancing purposes, even better!***

New Windsor Community Centre
Hanover Way
Dedworth
Windsor
SL4 5NW

[Map](#)

Free Onsite Parking
Full Licensed Bar
Complimentary tea, coffee & snacks
Easily Accessible from Central London & the West
Just over 1 mile from Windsor & Eton Central or Riverside Rail

Please choose from the following packages to suit all experience levels;

"Improver Package" - 3 hours of tuition from Beginner to Improver Plus level with Catriona
or...

"FUNdamentals Package" - first hour of tuition with Catriona, followed by 2 hours of Beginner level tuition with one of the WCS UK Team

This is a gender-balanced event! So book early to avoid disappointment!

The Tea Dance is included in the price of either workshop package or you can attend just the Tea Dance from 16:30-18:00 for only a fiver! Complimentary tea, coffee, biscuits & fruit for everyone!

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/1295933577168437/

Or check out our **Website page**;
www.westcoastswing.co.uk/whats-on/monthly-workshops-tea-dances-2017/

- **£28 – Any workshop package & ICE freestyle combined**
- £25 – Any workshop package & ICE freestyle combined – Students & Seniors
- £20 – Any workshop package if payment is received more than 7 days in advance
- £15 – Any workshop package if payment is received more than 7 days in advance – Students & Seniors
- £25 – Any workshop package if payment is received less than 7 days in advance, availability permitting
- £20 – Any workshop package if payment is received less than 7 days in advance, availability permitting – Students & Seniors
- £5 – Tea dance only
- Free – Juniors up to and including age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400 specifying which package you're signing up for. Then choose from the following payment options;

Option 1 – Make cash payment at any venue

Option 2 – Pay via bank transfer. Email for details

Option 3 – Send cheque made payable to C. Wiles

2017 Workshop Dates:

Sunday 30 April

Saturday 20-Sunday 21 May - Special Guest Workshop Weekend with Top International Pros Maxime & Torri Zzaoui!

Sunday 18 June – *Dads Dance For Free!*

Sunday 23 July

No Workshop in August!

Sunday 24 September

Sunday 22 October

Thursday 16-Monday 20 November – 7th Edition London SwingVitational!

Sunday 10 December

9. Westies in Essex 3rd Annual WCS Weekender with Catriona & Friends, Great Yarmouth, Norfolk, 12-14 May!

Westies In Essex proudly presents a WCS dance weekender like no other! It's our 3rd year at Potters 5* Resort in Norfolk and we are delighted to invite you back to our chilled dance weekend working with Catriona Wiles of **West Coast Swing UK!** We are also introducing for the first time additional WCS dance duo teachers Kevin & Aggie Town and James Bartlett & Zoe Rigby to give you multi-level themed WCS workshops in the Gallery Lounge and Atlas Theatre and finally...exclusive WCS social dancing into the early hours in the Gallery Lounge on Friday & Saturday nights! It's all ours this year! Graham Burke will be our resident deejay once again with some additional slots from Kevin & James!

Places limited this year so make sure you book on quick!

- 5* WCS Teachers!
- 5* Resort – Full Board Accommodation, Fabulous Facilities, Additional Entertainment/Activities/Dance Classes run by Potters!
- Bucks Fizz Reception on Friday night!
- Themed, levelled WCS workshops from FUNdamentals to Advanced!
- Free Introduction to WCS Taster Classes for brand new dancers!
- Bonus Line Dance Workshop!
- Exclusive WCS Social Dancing until the early hours on Friday & Saturday!
- Saturday Night Party – Dress To Impress!
- Gender Balanced Event – Limited Places Available – First Come, First Served!
- 2 Night Stay – Friday lunchtime thru to late Sunday afternoon!
- Optional 3 Night Stay – Enjoy Potters 1st class evening entertainment & fine dining on Sunday night!
- Early bird price until 5th November 2016 – Just £255 per person for 2 night stay (Friday & Saturday) or £338 per person for 3 night stay (Friday, Saturday & Sunday)!
- £55 deposit secures your place – includes £5 insurance protection fee!
- Room options available;
 - Bungalow with twin/double beds in the rooms
 - Bungalow Plus with 2 bedrooms – limited availability!
 - Single occupancy rooms – limited availability!
- All rooms with private facilities!
- Supplements apply for single occupancy & 2 bedroom accommodation!

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/202053643546199/

Or check out our **Website page** for full info and how to book;
www.westiesinessex.co.uk/dance-weekender/

To book your place or for more information, email Janice Washer at info@westiesinessex.co.uk or call 01371 870303.

10. Special Guest Workshop Weekend with Top International Pros Maxime & Torri Zzaoui, West Drayton, 20-21 May!

I am delighted to announce that the fabulously talented **top international WCS Pros Maxime & Torri Zzaoui** will be coming over exclusively for **West Coast Swing UK** from 20-21 May 2017 for an intensive workshop weekend!

Maxime started dancing at the age of 5 in Lyon, France. He studied contemporary at the Conservatory for 6 years before starting his career in the West Coast Swing community. He is now one of the top male professionals and was the first European to place in the top 5 of the Classic division at the US Open 2012.

Torri began dancing when she was 3 years old in California, USA. She has studied other dances, but has always been a part of the West Coast Swing community. She has won the Young America/Young Adult division a total of 6 times at the US Open. Torri was the first and only person to win both the Classic and Showcase division in the same year at the 2010 US Open and continued to win the Showcase division for the next 4 years.

Maxime & Torri recently decided to build a partnership and travel the world teaching together. They love the fun and social atmosphere of West Coast Swing and always want to make their classes informative yet enjoyable for everyone.

To read more about Maxime & Torri, check out maximeandtorri.com/

To see Maxime & Torri dance, check out maximeandtorri.com/media-2/

Maxime & Torri have some availability for private lessons throughout the workshop weekend. Email cat@westcoastswing.co.uk as soon as possible for availability and prices!

For those looking for accommodation, check out this deal! Once again, I have managed to secure a rate of £69 for a double or twin room at the Holiday Inn London-Heathrow, just off Junction 4 of the M4 and very close to Heathrow airport, including full English breakfast AND parking!

www.hilondonheathrowm4j4hotel.co.uk/

This rate is for Saturday 20 May! Email grouppreservations@him4j4.co.uk quoting "West Coast Swing UK" to benefit from this offer!

**Multi-Level Special Guest Workshop Weekend
With Top International WCS Pros
Maxime & Torri Zzaoui**

*****Places still available for leaders & couples. Wait list for single ladies!*****

12:00-Midnight, Saturday 20 May 2017

- **12:15-12:45: General Dance Technique Class with Mandy Henderson**
- **13:00-15:00: Workshop 1 – “Sexy Variations” (Beginner/Improver)**
- **15:30-17:30: Workshop 2 – “Rock And Go Go” (Improver Plus)**
- **17:30-19:30: Break For Dinner**
- **19:30-23:45: Party/Social with music from Graham Burke & Guest DeeJay TBA plus special performance by Maxime & Torri!**

11:00-18:00, Sunday 21 May 2017

- **11:15-11:45: General Dance Technique Class with Mandy Henderson**
- **12:00-14:00: Workshop 3 – “Move Like A Cyclone” (Improver/Intermediate)**
- **14:30-16:30: Workshop 4 – “Champion Musicality” (Intermediate Plus)**
- **16:30-18:00: Pure WCS Tea Dance**

Yiewsley & West Drayton Community Centre
Harmondsworth Road
West Drayton
Middlesex
UB7 9JL

[Map](#)

Free Onsite Parking
Full Licensed Bar
Complimentary tea, coffee & snacks
Easily Accessible from Central London & the West
Only half a mile from West Drayton Rail
Trains direct to & from Paddington, Central London. Last train as late as 00:43!!

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/253999891715519/

Or check out our **Website page**;

- **£85 – Full weekend package – All 4 workshops + Saturday Night Party**
- £75 – Any 3 workshops + Saturday night party
- £70 – Any 3 workshops only
- £60 – Any 2 workshops + Saturday night party
- £50 – Any 2 workshops only
- £35 – Any 1 workshop + Saturday night party
- £25 – Any 1 workshop only
- £12 – Saturday night party only – spaces limited so pre-booking essential!
- £5 – Tea dance only – drop ins welcome
- Free – Juniors up to and including age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400 specifying which package you're signing up for. Then choose from the following payment options;

- Option 1 – Make cash payment at any venue
- Option 2 – Pay via bank transfer. Email for details
- Option 3 – Send cheque made payable to C. Wiles

11. And We're Back...7th Edition London SWINGvitational, 16-20 November 2017...Save The Date...!



"SwingV" is back in all its glory!

Same fabulous atmosphere, brand new location! Full details coming soon! In the meantime, please save the date and enjoy our incredible promo reel here -

<https://vimeo.com/203260529>

Happy Dancing! Love Catriona

+44 7881 641400

cat@westcoastswing.co.uk
catdance@talk21.com
swingvitational@gmail.com

www.westcoastswing.co.uk
www.londonswingvitational.co.uk
www.swingclubcard.com/

www.facebook.com/groups/wcsuk/
www.facebook.com/groups/exeterwcs/

twitter.com/WCSUKCatriona