



August Newsletter 2018

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1. West Coast Swing UK Important Dates for Your Dance Diary!

Hi Everyone! Our full **2018** dates are already updated to our website "WCSUK Key Dates" pages and "Calendar" page but for easy reference, you can view the major ones here;

- **Wednesday 1 August** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 5 August** - Sunday Workshop – Exeter
- **Sunday 19 August** - WCSUK 13th Year Anniversary Party & Charity Fundraiser – Windsor
- **Monday 27 August** – Bank Holiday Monday Social – Twickenham
- **Saturday 1 September** – London WCS Flashmob Rally
- **Sunday 2 September** – Exeter WCS Flashmob Rally
- **Wednesday 5 September** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 22 September** - ICE Freestyle – West Drayton
- **Sunday 23 September** - Sunday Workshop – Windsor

- **Wednesday 3 October** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 7 October** - Sunday Workshop – Exeter
- **Saturday 27 October** - ICE Freestyle – Windsor
- **Sunday 28 October** - Sunday Workshop – Windsor
- **Wednesday 7 November** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 11 November** - Sunday Workshop – Exeter
- **Thursday 15 - Monday 19 November** – 8th Edition London SwingVitalational©
- **Sunday 2 December** - Sunday Workshop – Exeter
- **Wednesday 5 December** – First Midweek Freestyle of the Month – Twickenham
- **Wednesday 12 December** – Last Wednesday Class of 2018 – Twickenham
- **Saturday 15 December** - WCSUK Annual Christmas Party – Windsor
- **Sunday 16 December** - Sunday Workshop – Windsor

Check out our **Calendar page** at www.westcoastswing.co.uk/whats-on/calendar/ for regular updates!

2. August Guest WCS Classes with Catriona!

Guest Spots:

- **Tuesday 7 August** – Catriona guest teaches for West Coast Swing London, Finchley – westcoastswinglondon.co.uk/
 - **Thursday 16 August** – Catriona guest teaches for Swing-It, Winchester – www.facebook.com/events/210064599656397/
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3. First Midweek Freestyle of the Month, with Bonus Flashmob Rally Class, Twickenham, Wednesday 1 August!

Come join us in Twickenham on Wednesday 1 August for our first midweek freestyle of the month! In addition, we will be reviewing and rehearsing the brand new WCS Flashmob Rally routine! The plan is for our "London division" to take part in our very own Flashmob performance in unison with the rest of the WCS world on Saturday 1 September at various locations TBC in Central London! However, by attending this night, you are not committed to participation on the Flashmob day itself. Feel free to come along and just enjoy learning the fun choreography and maybe even pick up a new move or two to add to your social dancing repertoire!

20:00-23:00, Wednesday 1 August

20:00-21:00 – Flashmob Rally Class with Catriona
21:00-23:00 – 2 uninterrupted hours of pure WCS social dance time with music supplied by Guest DeeJay Paul Abbott

St. Mary's Church Hall
Church Street
Twickenham
TW1 3NJ

[Map](#)

Check out our **Facebook page** for quick updates;
www.facebook.com/groups/wcsuk/

Or check out our **Website page**;
www.westcoastswing.co.uk/whats-on/monthly-midweek-freestyle/

Free Street Parking After 6:30pm Or After 5pm In York House Car Park Across The Street

No Bar. Soft Drinks Available For Purchase Or BYO
Easily Accessible From Central London & The West
Short Walk From Twickenham Rail Station
Check out TFL or National Rail for journey planners

- **£9 – On the door with SwingClubCard® membership. Enquire on arrival**
- £7 – Students & Seniors with SwingClubCard® membership
- £10 – Non-members
- Free – Juniors up to and including age 18

4. Monthly Exeter WCS Workshop & Tea Dance with Catriona, Sunday 5 August!

**Monthly Exeter WCS Workshop & Tea Dance
with
Top UK WCS Pro Catriona Wiles**

13:00-18:00, Sunday 5 August

If you've been toying with the idea of learning WCS, then now is the perfect time to start! Or if you've been dancing WCS for a while and would like to refresh your basics and perfect your technique, then this is also a great opportunity for you to get back into the "swing" of things!

Every month, Catriona teaches a 3 hour FUNdamental/Improver level workshop, the first hour of which covers all the tools and techniques needed to get you started on your WCS journey.

After a short break, the next 2 hours focus on concepts and patterns to help you progress your understanding and experience of WCS.

As usual, we will be offering a FUNdamentals review class for our newer dancers wishing to consolidate their basics in a more one-on-one setting. Sally Fullwood is away this month so Jim Edwards from Bristol will be covering this session for us.

The afternoon is topped off with 90 minutes of pure WCS freestyle and practice time from 16:30-18:00! All will be made welcome!

Coaver Club
Matford Lane
Exeter
EX2 4PS

[Map](#)

Free Onsite Parking
Fully Licensed Bar
Complimentary Tea, Coffee & Snacks
Easily Accessible From M5
15-20 Minute Walk From Exeter City Centre

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/228396247770250/

Or check out our **Website page**;
www.westcoastswing.co.uk/wcs-exeter/

- **£20 – Workshop if payment is received more than 7 days in advance**
- £25 – Workshop if payment is received less than 7 days in advance, availability permitting
- £5 – Tea dance only
- Free – Juniors up to age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400. Then choose from the following payment options;

Option 1 – Make cash payment at any venue

Option 2 – Pay via bank transfer. Email for details

Option 3 – Send cheque made payable to C. Wiles

2018 Dates:

Sunday 2 September – Exeter WCS Flashmob Rally

Sunday 7 October

Sunday 11 November

Sunday 2 December – Annual Christmas Party

5. World Dance Masters – SwayD Boots Available for Purchase, Blackpool, 10-12 August!

Once again, I have been kindly invited by organizers Sam Robins & Nicola Lafferty to attend the World Dance Masters Line & Country Dance weekender from 10-12 August and will be bringing with me a consignment of all the latest SwayD "Magic" Boots and Footwear available for purchase! Check out www.worlddancemasters.com/worlds/ for full details of the event and please spread the word if you have friends in and around Blackpool who you think might be interested in attending!

6. West Coast Swing UK 13th Year Anniversary Party & Annual Royal Marsden Cancer Charity Fundraiser with Catriona & West Coast Swing UK Team, Windsor, Sunday 19 August!

WOW! It's that time of the year again! You're all invited to join us for a full day of dance and fun to mark the occasion of our **West Coast Swing UK 13th Year Anniversary!** It's also **my 18th Year of being cancer-free** thanks to live saving treatment I received via the NHS back in 2000! Miracles do happen but there are still an awful lot of cancer tragedy stories which each and every one of us are affected by at some point or another!

It is my **goal to be able to raise at least £500 from this party to donate to the Royal Marsden** as a thank you for the miraculous work they do on a daily basis! So please join me in celebrating 13 years of WCSUK, my survival and this fundraising effort! Thank you all so much in advance!

On or before the day, you will be able to anonymously nominate names for the following categories;

- 1 - "Dancers' Choice" Most Popular Female Dancer
- 2 - "Dancers' Choice" Most Popular Male Dancer
- 3 - "Dancers' Choice" Favourite DeeJay

If you cannot make the party but would like to vote by proxy, you can confidentially send me a FB message, email, text or call with your choices and your votes will be counted! Better still, come along and see your favourite peeps receive their awards!

We will also be awarding "Most Improved Male & Female Dancers" as selected by the WCSUK team!

14:00-22:00, Sunday 19 August 2018

**"In Memory of My Mother Robin Wiles
1943-2011"**

Full itinerary to follow but the day will include;

- *Learn and/or Practice 2018 International WCS Flashmob Rally Routine***
- *Fun Line Dance Class with World Line Dance Champion Daniel Trepot***
- *BYO Picnic on the Green***
- *Expect a Visit from the Ice Cream Van & Spicy Ricey Indian Food Vendors***
- *Royal Marsden Charity Fundraiser "Jill & Jack" Comp (Yes, the girls lead, the boys follow!)***
- *Annual WCSUK Awards Presentation***
- *Pure WCS Music from Resident DeeJay Graham Burke & Guest DeeJays Paul Abbott & Justin Petersen***
- *Official WCSUK Clothing & SwayD (Magic) Boots Vendor***
- *Unique Boutique Clothing Vendor***

New Windsor Community Centre
Hanover Way
Dedworth
Windsor
SL4 5NW

[Map](#)

BYO picnic
Free Onsite Parking
Full Licensed Bar
Complimentary tea, coffee & snacks
Easily Accessible from Central London & the West
Just over 1 mile from Windsor & Eton Central or Riverside Rail

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/208367069758712/

Or check out our **Website page**;
www.westcoastswing.co.uk/whats-on/wcsuk-13th-year-anniversary-party-annual-royal-marsden-cancer-charity-fundraiser/

And if you are unable to attend but would still like to **Make a Donation**, click here;
www.justgiving.com/fundraising/catriona-wiles3

For those looking for accommodation, check out this deal! I have managed to secure a rate of £70 for a double or twin room at the Holiday Inn London-Heathrow, just off Junction 4 of the M4 and very close to Heathrow airport, including full English breakfast AND parking!

Check out www.hilondonheathrowm4j4hotel.co.uk

This rate is for Saturday 18 August & Sunday 19 August if you ask nicely! Email groupreservations@him4j4.co.uk quoting "West Coast Swing UK" to benefit from this offer!

- **£25 per person for full day – a percentage from each ticket sold donated to Royal Marsden!**
 - £12 per person for evening only – a percentage from each ticket sold donated to Royal Marsden
 - £?? – Jill & Jack (any amount offered for comp entry will be donated! £5 per person recommended)
 - Pay in cash in advance at any of our WCSUK venues
 - Or pay in cash on arrival
 - To book, email cat@westcoastswing.co.uk or call 07881 641400
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7. Bank Holiday Monday Freestyle Plus Flashmob Rally Rehearsal, Twickenham, Monday 27 August!

Stop Press! Come join us for our last Bank Holiday Monday freestyle of 2018 in Twickenham on Monday 27 August complete with WCS Flashmob Rally Refresher/Rehearsal for those of you planning to join us on Saturday 1 September for the Flashmob Rally performance day in Central London!

19:00-23:00, Bank Holiday Monday 27 August 2018

19:00-20:00 – WCS Flashmob Rally Review
20:00-23:00 – Pure WCS Social

St. Mary's Church Hall
Church Street
Twickenham
TW1 3NJ

[Map](#)

Please note the earlier start time of 19:00!
No need to book. Just show up ready to dance!

Free Street Parking After 6:30pm Or After 5pm In York House Car Park Across The Street

No Bar. Soft Drinks Available For Purchase Or BYO
Easily Accessible From Central London & The West
Short Walk From Twickenham Rail Station
Check out TFL or National Rail for journey planners

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/426239807783805/

You can also check out our **Website page** here;
www.westcoastswing.co.uk/whats-on/bank-holiday-monday-freestyles/

- **£10 – On the door with SwingClubCard© membership. Enquire on arrival**

- £8 – Students & Seniors with SwingClubCard® membership
 - £11 – Non-members
 - Free – Juniors up to and including age 18
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8. International WCS Rally Flashmob 2018 – Get Involved!

It's that time again! Come join us in Central London to perform our division of the brand new 2018 International WCS Rally Flashmob put together by Champion dancers Olivier & Virginie Massart which will take place all over the globe on Saturday 1 September. The idea is to inspire and attract more people into learning our favourite partner dance!

This year will be even more of a collaborative effort, bringing together dancers from WCS groups in and around the city. Co-hosts include Catriona Wiles, Lee Easton, Fabienne Henshall & others TBA! We have exciting plans for this year's event which will be revealed over the upcoming weeks!

If you'd like to be part of the movement, contact us to register your interest, save the date in your dance diaries and keep your eyes peeled for updates!

Afternoon Onwards, Saturday 1 September 2018
Various Central London Locations TBA
Followed By WCS After Party!

Check out our **Website page**;

www.westcoastswing.co.uk/whats-on/international-wcs-flashmobbing-uk/

Check out our official **London Event Facebook advert** for quick updates;

www.facebook.com/events/233146740769654/

Check out our official **Exeter Event Facebook advert** for quick updates;

www.facebook.com/events/456784158110774/

You might also like to get a sneak peek at the **choreography** via these You Tube links;

Complete video (instructions + demo)

www.youtube.com/watch?v=NFRpYUdu7fY&feature=youtu.be

Demo only

www.youtube.com/watch?v=1oDMmrhSe4k&feature=youtu.be

9. SwingV On Tour...8th Edition London SWINGvitational, 15-19 November 2018...Registration Opens Week Commencing Monday 6 August!



"SwingV" is back in all its glory!

Same fabulous atmosphere, brand new location! Dedicated newsletter coming soon!
In the meantime, please save the date and enjoy our incredible promo reel here -

<https://youtu.be/WoUYH84p-7c>

Happy Dancing! Love Catriona

+44 7881 641400

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catdance@talk21.com
swingvitational@gmail.com**

**www.westcoastswing.co.uk
www.londonswingvitational.co.uk
www.swingclubcard.com/**

**www.facebook.com/groups/wcsuk/
www.facebook.com/groups/exeterwcs/**

twitter.com/WCSUKCatriona