



## March Newsletter 2019

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## 1. West Coast Swing UK Important Dates for Your Dance Diary!

Hi Everyone! Our full **2019** dates are already updated to our website "WCSUK Key Dates" pages and "Calendar" page but for easy reference, you can view the main ones here;

- **Wednesday 6 March** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 10 March** – Sunday Workshop – Exeter
- **Saturday 16 – Sunday 17 March** – Special Guest Workshop Weekend with Top USA Pro Michael Kielbasa – West Drayton
- **Wednesday 3 April** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 7 April** – Sunday Workshop – Exeter
- **Saturday 20 April** – ICE Freestyle – West Drayton
- **Sunday 21 April** – Sunday Workshop – Windsor
- **Monday 22 April** – Easter Bank Holiday Monday Social – Venue TBC
- **Wednesday 1 May** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 5 May** – Sunday Workshop – Exeter
- **Monday 6 May** – Bank Holiday Monday Social – Venue TBC
- **Saturday 25 May** – ICE Freestyle – West Drayton
- **Sunday 26 May** – Sunday Workshop – Windsor

- **Monday 27 May** – Bank Holiday Monday Social – Venue TBC
- **Sunday 2 June** – Sunday Workshop – Exeter
- **Wednesday 5 June** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 22 – Sunday 23 June** – Special Guest Workshop Weekend with Top International Pros Maxime & Torri Zzaoui – West Drayton
- **Wednesday 3 July** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 7 July** – Sunday Workshop – Exeter
- **Saturday 20 July** – ICE Freestyle – West Drayton
- **Sunday 21 July** – Sunday Workshop – Windsor
- **Sunday 4 August** – Sunday Workshop – Exeter
- **Wednesday 7 August** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 17 or Sunday 18 August** – WCSUK 14th Year Anniversary Party & Charity Fundraiser – Day TBC – Windsor
- **Monday 26 August** – Bank Holiday Monday Social – Venue TBC
- **Sunday 1 September** – Sunday Workshop – Exeter
- **Wednesday 4 September** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 7 September** – London WCS Flashmob
- **Sunday 8 September** – Exeter WCS Flashmob
- **Saturday 21 September** – ICE Freestyle – West Drayton
- **Sunday 22 September** – Sunday Workshop – Windsor
- **Wednesday 2 October** – First Midweek Freestyle of the Month – Twickenham
- **Sunday 6 October** – Sunday Workshop – Exeter
- **Saturday 12 October** – ICE Freestyle – West Drayton
- **Sunday 13 October** – Sunday Workshop – Windsor
- **Sunday 3 November** – Sunday Workshop – Exeter
- **Wednesday 6 November** – First Midweek Freestyle of the Month – Twickenham
- **Thursday 14 – Monday 18 November** – 9<sup>th</sup> Edition London SwingVitational!
- **Sunday 1 December** – Sunday Workshop – Exeter
- **Wednesday 4 December** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 7 December** – WCSUK Annual Christmas Party – West Drayton
- **Sunday 8 December** – Sunday Workshop – West Drayton (December only)
- **Monday 9 December** – Last Monday Class of 2019 – Farnham
- **Wednesday 11 December** – Last Wednesday Class of 2019 – Twickenham

Check out our **Calendar page** at [www.westcoastswing.co.uk/whats-on/calendar/](http://www.westcoastswing.co.uk/whats-on/calendar/) for regular updates!

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## 2. **Weekly Line Dance & WCS Class Continues in Farnham, Every Monday Night!**

We're delighted to be continuing our weekly Line Dance & WCS classes in Farnham after the resounding success and support we've received over the past two months! All experience levels in either dance style will be made welcome so come along and join in the fun!

**19:30-23:00, Every Monday Night**

**19:30-19:40 – Doors Open**

**19:40-20:10 – Fun Line Dance Class**

**20:15-21:00 – WCS FUNdamentals Class**

**21:15-22:00 – WCS Improver+ Class (plus separate FUNdamentals review class)**

**22:00-23:00 – Social Dancing**

Farnham Memorial Hall  
Babbs Mead  
West Street  
Farnham  
Surrey  
GU9 7EE

[Map](#)

**No need to book. Just show up ready to dance!**

Free Parking

No Bar. Soft Drinks Available For Purchase Or BYO

Easily Accessible From A3

Only 1 Mile From Farnham Rail Station

Check out TFL or National Rail for journey planners

Check out our **Facebook group** for quick updates;  
[www.facebook.com/groups/wcsuk/](http://www.facebook.com/groups/wcsuk/)

You can also check out our **Website page** here;  
[www.westcoastswing.co.uk/our-classes/new-mondays-farnham/](http://www.westcoastswing.co.uk/our-classes/new-mondays-farnham/)

- **£10 – On the door with SwingClubCard© membership. Enquire on arrival**
  - £8 – Students & Seniors with SwingClubCard® membership
  - £11 – Non-members
  - Free – Juniors up to and including age 18
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### **3. WCS Foundation Workshop & Freestyle with Catriona, Nantwich, Saturday 9 March!**

#### **WCS Foundation Workshop & Freestyle with Top UK WCS Pro Catriona Wiles**

**17:00-Midnight, Saturday 9 March 2019**

If you've been thinking of learning WCS, then now is the perfect time to start! Or if you've been dancing WCS for a while and would like to master your basics and perfect your technique, then this is also a great opportunity to learn from the best.

Catriona will be teaching a 2 hour Foundation level workshop. The first hour will cover all the tools and techniques needed to get you started on your WCS journey. The next hour will focus on concepts and patterns to help you progress your understanding and experience of WCS.

Ceroc Addiction 2Room Wild West Freestyle will have WCS music playing for you in the second room later in the evening from 8.30pm-Midnight where you can practice your new skills. Everyone is welcome!

You can also purchase your NEW SwayD dance boots during the freestyle from 7.30pm-10.30pm - cash sales only!

Nantwich Civic Hall  
4 Market Street  
Nantwich  
CW5 5NH

[Map](#)

Check out our **Facebook adverts** for quick updates;  
[www.facebook.com/events/1021157348086898/](http://www.facebook.com/events/1021157348086898/)  
and  
[www.facebook.com/events/269270857105681/](http://www.facebook.com/events/269270857105681/)

- **£20 – Workshop**
- **£10 – Freestyle**

To book, contact Maja at Ceroc Addiction - [www.facebook.com/CerocAddiction](http://www.facebook.com/CerocAddiction)

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### **4. Monthly Exeter WCS Workshop & Tea Dance with Catriona, Sunday 10 March!**

#### **Monthly Exeter WCS Workshop & Tea Dance**

**with**  
**Top UK WCS Pro Catriona Wiles**

**13:00-18:00, Sunday 10 March 2019**

If you've been toying with the idea of learning WCS, then now is the perfect time to start! Or if you've been dancing WCS for a while and would like to refresh your basics and perfect your technique, then this is also a great opportunity for you to get back into the "swing" of things!

Catriona will be teaching a 3 hour FUNdamental/Improver level workshop, the first segment of which will cover all the tools and techniques needed to get you started on your WCS journey. After a short break, the next two segments will focus on concepts and patterns to help you progress your understanding and experience of WCS.

As usual, we will be offering a FUNdamentals review class with GPDIA (Global Professional Dance Instructors' Association) certified instructor Sally Fullwood for our newer dancers wishing to consolidate their basics in a more one-on-one setting.

The afternoon will be topped off with 90 minutes of pure WCS freestyle and practice time from 16:30-18:00 with music supplied by newly appointed resident deejay Jim Edwards! All will be made welcome!

Coaver Club  
Matford Lane  
Exeter  
EX2 4PS

[Map](#)

Free Onsite Parking  
Fully Licensed Bar  
Complimentary Tea, Coffee & Snacks  
Easily Accessible From M5  
15-20 Minute Walk From Exeter City Centre

Check out our **Facebook advert** for quick updates;  
[www.facebook.com/events/327131224674169/](http://www.facebook.com/events/327131224674169/)

Or check out our **Website page**;  
[www.westcoastswing.co.uk/wcs-exeter/](http://www.westcoastswing.co.uk/wcs-exeter/)

- **£20 – Workshop if payment is received more than 7 days in advance**
- £25 – Workshop if payment is received less than 7 days in advance, availability permitting
- £5 – Tea dance only
- Free – Juniors up to age 18

To book, email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) or call 07881 641400. Then choose from the following payment options;

- Option 1 – Make cash payment at any venue
- Option 2 – Pay via bank transfer. Email for details
- Option 3 – Send cheque made payable to C. Wiles

**2019 Dates:**

**Sunday 7 April**  
**Sunday 5 May**  
**Sunday 2 June**  
**Sunday 7 July**  
**Sunday 4 August**  
**Sunday 1 September**  
**Sunday 8 September – Exeter WCS Rally**  
**Sunday 6 October**  
**Sunday 3 November**  
**Sunday 1 December – Annual Christmas Party**

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**5. Special Guest Workshop Weekend with Top USA Pro Michael Kielbasa, West Drayton, 16-17 March!**

***\*Places still available for leaders and couples\****  
***\*Short wait list for single followers\****

I am delighted to announce that the fabulously talented **top USA WCS Pro Michael Kielbasa** will be coming over exclusively for **West Coast Swing** from 16-17 March 2019 for an intensive workshop weekend! Other than his appearance at SwingV for the past two years, it has been quite some time since Michael has been with us for dedicated workshops so this is an opportunity not to be missed!

Michael has been training and dancing for the past 20 years, in most styles of Partner Dancing. He lives in San Diego, California and teaches out of Starlight Dance Studio. As one of the top Champion West Coast Swing Professionals Michael has been traveling, teaching and performing not only in the United States but in countries like Canada, France, Germany, Russia, United Kingdom, Brazil and Australia. He is known for his instruction, choreography, unique style, approach and quality. Michael is dedicated to the growth of all dance, its recognition as a sport and exciting social activity for everyone to enjoy.

To read more about Michael, check out [www.michaelkielbasa.com/](http://www.michaelkielbasa.com/)

To see Michael & Catriona dance, check out these links;

[www.youtube.com/watch?v=q5OoamoA7zk](http://www.youtube.com/watch?v=q5OoamoA7zk)  
[www.youtube.com/watch?v=bJ0bo8I9yZg](http://www.youtube.com/watch?v=bJ0bo8I9yZg)  
[www.youtube.com/watch?v=91oZueclv0k](http://www.youtube.com/watch?v=91oZueclv0k)  
[www.youtube.com/watch?v=m9qgYpPgZgc](http://www.youtube.com/watch?v=m9qgYpPgZgc)

Michael has some availability for one or two private lessons slots throughout the workshop weekend. Email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) as soon as possible for availability and prices!

For those looking for accommodation, check out this deal! I have managed to secure a new rate of £71 for 2019 for a double or twin room at the Holiday Inn London-Heathrow, just off Junction 4 of the M4 and very close to Heathrow airport, including full English breakfast AND parking!

Check out [www.hilondonheathrowm4j4hotel.co.uk](http://www.hilondonheathrowm4j4hotel.co.uk)

This rate is for Saturday 16 March! Email [reservations-heathrowm4@hiheathrowm4j4.co.uk](mailto:reservations-heathrowm4@hiheathrowm4j4.co.uk) quoting "West Coast Swing UK" to benefit from this offer!

**Multi-Level Special Guest Workshop Weekend**  
**With Top USA WCS Pro**  
**Michael Kielbasa**

**12:00-Midnight, Saturday 16 March 2019**

- **12:15-12:45: General Dance Technique Class with Mandy Henderson**
- **13:00-15:00: Workshop 1 – "Bridge The Connection Gap" (Beginner/Improver)**
- **15:30-17:30: Workshop 2 – "Speed Up Slow Down" (Improver Plus)**
- **17:30-19:30: Break For Dinner**
- **19:30-Midnight: Party/Social with music from Graham Burke & Guest Deejay Paul Abbott!**

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**11:00-18:00, Sunday 17 March 2019**

- **11:15-11:45: General Dance Technique Class with Mandy Henderson**
- **12:00-14:00: Workshop 3 – "Rotation Relation" (Improver/Intermediate)**
- **14:30-16:30: Workshop 4 – "Ninja Moves" (Intermediate Plus)**
- **16:30-18:00: Pure WCS Tea Dance**

Harmondsworth Road  
West Drayton  
Middlesex  
UB7 9JL

[Map](#)

Free Onsite Parking  
Full Licensed Bar  
Complimentary tea, coffee & snacks  
Easily Accessible from Central London & the West  
Only half a mile from West Drayton Rail  
Trains direct to & from Paddington, Central London. Last train as late as 00:43!!

Check out our **Facebook advert** for quick updates;  
[www.facebook.com/events/2196676127251258/](http://www.facebook.com/events/2196676127251258/)

Or check out our **Website page**;  
[www.westcoastswing.co.uk/whats-on/march-special-guest-workshop-weekend-michael-kielbasa/](http://www.westcoastswing.co.uk/whats-on/march-special-guest-workshop-weekend-michael-kielbasa/)

- **£85 – Full weekend package – All 4 workshops + Saturday Night Party**
- £75 – Any 3 workshops + Saturday night party
- £70 – Any 3 workshops only
- £60 – Any 2 workshops + Saturday night party
- £50 – Any 2 workshops only
- £35 – Any 1 workshop + Saturday night party
- £25 – Any 1 workshop only
- £12 – Saturday night party only – spaces limited so pre-booking essential!
- £5 – Tea dance only – drop ins welcome
- Free – Juniors up to and including age 18

To book, email [cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk) or call 07881 641400 specifying which package you're signing up for. Then choose from the following payment options;

- Option 1 – Make cash payment at any venue
- Option 2 – Pay via bank transfer. Email for details
- Option 3 – Send cheque made payable to C. Wiles

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## **6. Club Jive Monthly WCS Taster Class & Freestyle with Resident Teacher Catriona, Addlestone, Last Friday of Every Month!**

**West Coast Swing Taster Class  
with  
Top UK WCS Pro Catriona Wiles  
Followed by Social Dancing in the Club Lounge**



## **20:00-23:30, Last Friday of Every Month**

Catriona is delighted to be continuing her newly appointed residency as WCS teacher for Club Jive which runs on the last Friday of every month in Addlestone! The class runs for one hour from 20:00-21:00 (including 15 minute warm up session) in the Club Lounge, and is aimed at Beginners/Improvers (no partner is required). After the class there will be plenty of opportunity for freestyle practice in West Coast Swing, Argentine Tango and Blues.

Addlestone Community Centre  
Garfield Road  
Addlestone  
Surrey  
KT15 2NJ

[Map](#)

Check out the Club Jive **Facebook group** for quick updates;  
[www.facebook.com/groups/ClubJive/](http://www.facebook.com/groups/ClubJive/)

Or check out the Club Jive **Website page**;  
[www.clubjive.com/westcoast.html](http://www.clubjive.com/westcoast.html)

- **£10 Full Evening – payable on the door!**

### **2018 Dates:**

**Friday 29 March**  
**Friday 26 April**  
**Friday 31 May**  
**Friday 28 June**  
**Friday 26 July**  
**Friday 30 August**  
**Friday 27 September**  
**Friday 25 October**  
**Friday 29 November**

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**Happy Dancing! Love Catriona**

**+44 7881 641400**

**[cat@westcoastswing.co.uk](mailto:cat@westcoastswing.co.uk)**  
**[catdance@talk21.com](mailto:catdance@talk21.com)**  
**[swingvitational@gmail.com](mailto:swingvitational@gmail.com)**

**[www.westcoastswing.co.uk](http://www.westcoastswing.co.uk)**

[www.londonswingvital.com](http://www.londonswingvital.com)  
[www.swingclubcard.com/](http://www.swingclubcard.com/)

[www.facebook.com/groups/wcsuk/](https://www.facebook.com/groups/wcsuk/)  
[www.facebook.com/groups/exeterwcs/](https://www.facebook.com/groups/exeterwcs/)

[twitter.com/WCSUKCatriona](https://twitter.com/WCSUKCatriona)