



September Newsletter 2019

At A Glance:

1. **West Coast Swing UK** Important Dates for Your Dance Diary!
2. **West Coast Swing UK 14th Year Anniversary Party & Annual Royal Marsden Cancer Charity Fundraiser** Update!
3. Monthly Exeter WCS Workshop & Tea Dance with Catriona, Sun 1 September!
4. International WCS Flashmob Rally 2019 – Get Involved!
5. Norway Westie Fest with International Pro Line Up, Trondheim, Norway, 12-15 September!
6. **ICE – West Coast Swing UK's** Chilled Monthly Social, West Drayton, Sat 21 September!
7. Monthly **West Coast Swing UK** Workshop & Tea Dance with Catriona & WCSUK Team, Windsor, Sun 22 September!
8. Club Jive Monthly WCS Taster Class & Freestyle, Addlestone, Last Friday of Every Month!
9. Midland Swing Open – SwayD Boots Available for Purchase, Slough/Windsor, 27-29 September!
10. SwingV...**9th Edition London SWINGvitational**, 14-18 November 2019...Dedicated Newsletter To Follow!

1. West Coast Swing UK Important Dates for Your Dance Diary!

Hi Everyone! Our full **2019** dates are already updated to our website "WCSUK Key Dates" pages and "Calendar" page but for easy reference, you can view the main ones here;

- **Sunday 1 September** – Sunday Workshop – Exeter
- **Wednesday 4 September** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 7 September** – London WCS Flashmob
- **Sunday 8 September** – Exeter WCS Flashmob
- **Saturday 21 September** – ICE Freestyle – West Drayton
- **Sunday 22 September** – Sunday Workshop – Windsor
- **Wednesday 2 October** – First Midweek Freestyle of the Month – Twickenham
- **Date Change: Sunday 13 October** – Sunday Workshop – Exeter
- **Date Change: Saturday 26 October** – ICE Freestyle – Windsor
- **Date Change: Sunday 27 October** – Sunday Workshop – Windsor

- **Sunday 3 November** – Sunday Workshop – Exeter
- **Wednesday 6 November** – First Midweek Freestyle of the Month – Twickenham
- **Thursday 14 – Monday 18 November** – 9th Edition London SwingVitational!
- **Wednesday 4 December** – First Midweek Freestyle of the Month – Twickenham
- **Saturday 7 December** – WCSUK Annual Christmas Party – West Drayton
- **Sunday 8 December** – Sunday Workshop – West Drayton (December only)
- **Monday 9 December** – Last Monday Class of 2019 – Farnham
- **Wednesday 11 December** – Last Wednesday Class of 2019 – Twickenham
- **Date Change: Sunday 15 December** – Sunday Workshop – Exeter

Check out our **Calendar page** at www.westcoastswing.co.uk/whats-on/calendar/ for regular updates!

2. **West Coast Swing UK 14th Year Anniversary Party & Annual Royal Marsden Cancer Charity Fundraiser Update!**

WOW! What an incredible day we had in Windsor on Sunday 18 August, celebrating our **West Coast Swing UK 14th Year Anniversary Party!** I was particularly thrilled to see such a full dance floor for the Flashmob Rally and Line Dance workshops!

This annual event is a huge operational undertaking so there are some very special people to thank for all of their help; Paul Abbott, Luis Abbott, Janette Fox and Jeanette Butler (venue set up, door & deejaying), Jordan George (judging), Justin Petersen (comp deejay), Graham Burke (resident deejay), Femma Anderson (photography), Kezia Marshall (Samuel) and Ekow Eric Oduro (videography), Stewart Warren and Gale Vincent (baking), and last but not least my amazing boyfriend Daniel Trepot (Flashmob Rally and line dance workshops, judging, performance & general event preparation...plus jet washing and oiling the deck ready for our family BBQ next Sunday)! ;)

Massive Congratulations must go to all our WCSUK Annual Awards recipients;

- Most Improved Female – **Sophie Bloomfield**
- Most Improver Male – **Mark McCormack**
- Dancers' Choice Favourite Female – **Lindsey Rowatt**
- Dancers' Choice Favourite Male – **Mark Simpson**
- Dancers' Choice Favourite Deejay – **Paul Abbott** (again!)

Massive Congratulations also go to our Royal Marsden Cancer Charity "Jill & Jack" contest winners;

- 1st Place – **Susan Minor** leading **Ricky Fox**

- 2nd Place – **Terri McLaughlin** leading **Mark Taylor**
- 3rd Place – **Chloe Emma** leading **Antonio Fratini**

I am delighted to reveal that through ticket sales, Jill & Jack contest entry fees, JustGiving donations, cash donations and Isabella Maria Cooke's reflexology treatments, **we have raised an amazing £1445 to date which has totally smashed our goal of £500 by almost triple!** And the donations are still coming in, not to mention the undisclosed amount in the Royal Marsden tamper-proof collection box! So on behalf of myself, the WCSUK team and the Royal Marsden Cancer Charity, **I would like to thank each and every one of you** that came along to support on the day and those that have made donations in person or via my Just Giving page! If you'd still like to donate, here's the link!

www.justgiving.com/fundraising/Catriona-Wiles4

Roll on our 15th Year Anniversary Party, August 2020!

3. Monthly Exeter WCS Workshop & Tea Dance with Catriona, Sunday 1 September!

Monthly Exeter WCS Workshop & Tea Dance with Top UK WCS Pro Catriona Wiles

13:00-18:00, Sunday 1 September 2019

If you've been toying with the idea of learning WCS, then now is the perfect time to start! Or if you've been dancing WCS for a while and would like to refresh your basics and perfect your technique, then this is also a great opportunity for you to get back into the "swing" of things!

Catriona will be teaching a 3 hour FUNdamental/Improver level workshop, the first segment of which will cover all the tools and techniques needed to get you started on your WCS journey. After a short break, the next two segments will focus on concepts and patterns to help you progress your understanding and experience of WCS.

As usual, we will be offering a FUNdamentals review class with GPDIA (Global Professional Dance Instructors' Association) certified instructor Sally Fullwood for our newer dancers wishing to consolidate their basics in a more one-on-one setting.

The afternoon will be topped off with 90 minutes of pure WCS freestyle and practice time from 16:30-18:00 with music supplied by newly appointed resident deejay Jim Edwards! All will be made welcome!

Coaver Club
Matford Lane
Exeter

EX2 4PS

[Map](#)

Free Onsite Parking
Fully Licensed Bar
Complimentary Tea, Coffee & Snacks
Easily Accessible From M5
15-20 Minute Walk From Exeter City Centre

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/387710018555156/

Or check out our **Website page**;
www.westcoastswing.co.uk/wcs-exeter/

- **£20 – Workshop if payment is received more than 7 days in advance**
- £25 – Workshop if payment is received less than 7 days in advance, availability permitting
- £5 – Tea dance only
- Free – Juniors up to age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400. Then choose from the following payment options;

- Option 1 – Make cash payment at any venue
- Option 2 – Pay via bank transfer. Email for details
- Option 3 – Send cheque made payable to C. Wiles

2019 Dates:

Sunday 8 September – Exeter WCS Rally

Date Change: Sunday 13 October

Sunday 3 November

Date Change: Sunday 15 December – Annual Christmas Party

4. International WCS Flashmob Rally 2019 – Get Involved!

It's that time again! Come join us in Central London to perform our division of the brand new 2019 International WCS Rally Flashmob put together by Champion dancers Olivier & Virginie Massart which will take place all over the globe on Saturday 7 September (and on Sunday 8 September in Exeter). The idea is to inspire and attract more people into learning our favourite partner dance!

This year will once again be a collaborative effort, bringing together dancers from WCS groups in and around the city. Co-hosts include Catriona Wiles and Lee & Fabienne Easton!

If you'd like to be part of the movement, contact us to register your interest, save the date in your dance diaries and keep your eyes peeled for updates!

Afternoon Onwards, Saturday 7 September 2019
Various Central London Locations TBA

Check out our **Website page**;
www.westcoastswing.co.uk/whats-on/international-wcs-flashmobbing-uk/

Check out our official **London Event Facebook advert** for quick updates;
www.facebook.com/events/506996973373824/

Afternoon Onwards, Sunday 8 September 2019
Various Locations Around Exeter TBA

Check out our **Website page**;
www.westcoastswing.co.uk/whats-on/international-wcs-flashmobbing-uk/

Check out our official **Exeter Event Facebook advert** for quick updates;
www.facebook.com/events/1169943046463199/

You might also like to get a sneak peek at the **choreography** via these You Tube links;

Full Instructions;
www.youtube.com/watch?v=uvfNBXjEZkg

Demo Only;
www.youtube.com/watch?v=GQbA_ETOe80

5. Norway Westie Fest with International Pro Line Up, Trondheim, Norway, 12-15 September!

Jennie Spanning invites you all back to the Radisson Blu Royal Garden Hotel in the centre of Trondheim for a fun-packed weekend at Norway Westie Fest, 12-15 September 2019! Enjoy WCS tuition, performances and [World Swing Dance Council](http://www.worldswingdance.com/) registered comps with a fantastic line up of International Pros;

- Maxence Martin & Virginie Grondin
- Maxime & Torri Zzaoui
- Lee Easton & Fabienne Henshall
- Renars Sirotins & Inga Kurcisa
- Catriona Wiles

This event always attracts a large number of Brits so you'll feel right at home, whilst at the same time meeting lots of new friends! Check out www.westie-fest.com for full info and details on how to book.

6. ICE – West Coast Swing UK’s Chilled Monthly Social, West Drayton, Saturday 21 September!

Innovation...Creation...Expression...

Presenting *ICE* - Our Chilled Monthly WCS Freestyle

20:00-Midnight, Saturday 21 September 2019

Pure Uninterrupted WCS Freestyle with Resident DeeJay Graham Burke & WCSUK 2019 Dancers’ Choice Favourite DeeJay Paul Abbott!

Yiewsley & West Drayton Community Centre
Harmondsworth Road
West Drayton
Middlesex
UB7 9JL

[Map](#)

No need to book. Just show up ready to dance!

Free Onsite Parking
Fully Licensed Bar (Please Do Not BYO Alcohol)
Complimentary Tea, Coffee & Snacks
Feel Free To Bring A Plate
Easily Accessible From Central London & The West
Less Than 1 Mile From West Drayton Rail Station
Trains Direct To & From Paddington, Central London. Last Train Departs At 00:56!

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/505522583324603/

Or check out our **Website page**;
www.westcoastswing.co.uk/whats-on/ice-2019/

- **£10 – ICE only with SwingClubCard® membership. Enquire on arrival**
- £8 – ICE only with SwingClubCard® membership – Students & Seniors
- £11 – ICE only – Non-members
- Free – Juniors up to and including age 18

2019 “ICE” Dates:

Date Change: Saturday 26 October
Thursday 14-Monday 18 November – 9th Edition London SwingVitalational©
Saturday 7 December – WCSUK Annual Christmas Party

**7. Monthly West Coast Swing UK Workshop & Tea Dance with
Catriona & WCSUK Team, Windsor, Sunday 22 September!**

**Split-Level West Coast Swing Workshop
with
Top UK WCS Pro Catriona Wiles
& WCSUK Teaching Team**

13:00-18:00, Sunday 22 September 2019

New Windsor Community Centre
Hanover Way
Dedworth
Windsor
SL4 5NW

[Map](#)

Free Onsite Parking
Full Licensed Bar
Complimentary tea, coffee & snacks
Easily Accessible from Central London & the West
Just over 1 mile from Windsor & Eton Central or Riverside Rail

Please choose from the following packages to suit all experience levels;

"Improver Package" - 3 hours of tuition from Beginner to Improver Plus level
with Catriona
or...

"FUNdamentals Package" - first hour of tuition with Catriona, followed by 2
hours of Beginner level tuition with one of the WCS UK Team

This is a gender-balanced event! So book early to avoid disappointment!

The Tea Dance is included in the price of either workshop package or you can attend
just the Tea Dance from 16:30-18:00 for only a fiver! Complimentary tea, coffee,
biscuits & fruit for everyone!

Check out our **Facebook advert** for quick updates;
www.facebook.com/events/348728539340071/

Or check out our **Website page**;
www.westcoastswing.co.uk/whats-on/monthly-workshops-tea-dances-2019/

- **£28 – Any workshop package & ICE freestyle combined**
- £25 – Any workshop package & ICE freestyle combined – Students & Seniors

- £20 – Any workshop package if payment is received more than 7 days in advance
- £15 – Any workshop package if payment is received more than 7 days in advance – Students & Seniors
- £25 – Any workshop package if payment is received less than 7 days in advance, availability permitting
- £20 – Any workshop package if payment is received less than 7 days in advance, availability permitting – Students & Seniors
- £5 – Tea dance only
- Free – Juniors up to and including age 18

To book, email cat@westcoastswing.co.uk or call 07881 641400 specifying which package you're signing up for. Then choose from the following payment options;

Option 1 – Make cash payment at any venue

Option 2 – Pay via bank transfer. Email for details

Option 3 – Send cheque made payable to C. Wiles

2019 Workshop Dates:

Date Change: Sunday 27 October

**Thursday 14-Monday 18 November – 9th Edition London SwingVitalational©
Sunday 8 December**

8. Club Jive Monthly WCS Taster Class & Freestyle, Last Friday of Every Month!

**West Coast Swing Taster Class
with
Top UK WCS Pro Catriona Wiles
Followed by Social Dancing in the Club Lounge**

20:00-23:30, Last Friday of Every Month

Catriona is away this month but Paul Abbott & Janette Fox will be covering the fun WCS class at Club Jive which runs on the last Friday of every month in Addlestone! The class runs for one hour from 20:00-21:00 (including 15 minute warm up session) in the Club Lounge, and is aimed at Beginners/Improvers (no partner is required). After the class there will be plenty of opportunity for freestyle practice in West Coast Swing, Argentine Tango and Blues.

Addlestone Community Centre
Garfield Road
Addlestone
Surrey
KT15 2NJ

Map

Check out the Club Jive **Facebook group** for quick updates;
www.facebook.com/groups/ClubJive/

Or check out the Club Jive **Website page**;
www.clubjive.com/westcoast.html

- **£10 Full Evening – payable on the door!**

2019 Dates:

Friday 27 September
Friday 25 October
Friday 29 November

9. Midland Swing Open – SwayD Boots Available for Purchase, Slough/Windsor, 27-29 September!

I have been kindly invited once again by organizers Lee & Fabienne Easton to attend the Midland Swing Open (MSO) WCS event from 27-29 September and will be bringing with me a consignment of all the latest ladies SwayD “Magic” Boots and Footwear available for purchase - www.facebook.com/SwayDUK/

I am also looking forward to being back on the judging panel alongside some of the best WCS dancers in the business!

Check out midlandswingopen.com/ for full details of the event and please message me in advance if there is something specific you would like to order!

10. SwingV...9th Edition London SWINGvitational, 14-18 November 2019...Dedicated Newsletter To Follow!



And We're Back!
9th Edition London SWINGvitational
14-18 November 2019

Dedicated newsletter coming soon!
In the meantime, get your name on the pre-registration list!

And if you still need help deciding, check out our incredible promo video
here;

www.youtube.com/watch?v=AgEfzAue2P0

www.londonswingvitational.co.uk/

Happy Dancing! Love Catriona

+44 7881 641400

cat@westcoastswing.co.uk
catdance@talk21.com
swingvitational@gmail.com

www.westcoastswing.co.uk
www.londonswingvitational.co.uk
www.swingclubcard.com/

www.facebook.com/groups/wcsuk/
www.facebook.com/groups/exeterwcs/

twitter.com/WCSUKCatriona